

Agreement Ortho - K- Lenses

Orthokeratologie is the technical term for a non-permanent elimination or reduction of myopia by wearing hard contact lenses with a special design. This method is accomplished by contact lens specialists who intensively got trained about the special adjustment of these lenses and are equipped with the needed technical facilities.

Our contact lens specialists got trained by the companies producing the lenses.

Ortho-K-lenses are worn during the sleeping hours, change the radius of the cornea and as a result the amount of the myopia. This process is completely reversible. The correction of the myopia is just possible by wearing the contact lenses regularly.

Ortho-K-lens adjustment is more complicated than a common lens adjustment and the following appointments are needed for a safe, effective and responsible adjustment:

- Consultation, measurements of the eyes
- Handing over the lenses and admission into usage, handling and cleaning
- Check up after wearing the lenses for the first night
- Check up after wearing the lenses for a week
- Check up after three weeks in the morning
- the same day in the evening for finishing the adjustment
- Regular check ups every 6 months
- Changing of the lenses into a new pair after one year

Ortho-K stands for independency from visual aids throughout the day. The visual acuity can change during the day and not necessarily be as good as with wearing normal lenses or glasses. Especially at night, when the diameter of the pupil is bigger, the vision can be a little worse.

For complex visual tasks like driving at night it could be recommendable to wear the Ortho-K-lens to optimize the vision.

As Orthokeratologie is completely reversible the correction of myopia will only maintain while the lenses are worn regularly at night. Otherwise the cornea will change into its original shape and myopia will return. Due to that fact we order a spare pair of lenses for our Ortho-K-customers after finishing the adjustment that in case of losing the lenses you have a replacement immediately.

Orthokeratologie must not be used for "pretending" an uncorrected good vision which is necessary for special professions (pilots, police officers...). After finishing the adjustment we will continue the drivers license visual test. This form is valid for two years and must be taken with you while driving to prove that you do not need a visual aid (lenses or glasses).

Ortho-K-lenses are individual high gas-permable lenses made by modern manufacturing technology to provide the cornea with enough oxygen while sleeping. This material needs to be replaced sooner than conventional lenses.

For optimal comfort and to keep the high quality of the lenses they must be cleaned carefully and they must be replaced after a maximum of one year of wearing. If there are any irregularities, discomfort or questions please contact your specialist.

Half of the cleaning solution which is needed for one year will be handed out to you after the adjustment was done. The other half you will receive during the check up after 6 month.

Please clean as followed:

In the morning after wearing the lenses rub them manuell with "Menicare Plus"-solution. The contact lenses should be rinsed with that solution and also stored in it. This solution can touch the eye and therefore can be used for rinsing. Once a week it is needed to put them into the "Progent"-solution for 30 minutes and rinse them with "Menicare Plus"-solution or saline solution.

The contacts must be inserted wet. Please ask your specialist if you should use Menicare Plus, saline solution or moisturizing solution.

Prices (19% VAT incl.)

As the adjustment of Ortho-K-lenses is very complex it costs 190,-- euro. The adjustment will be paid in any case.

After successful finish of the adjustment the monthly rate is 49,-- euro. This includes the pair of contact lenses you are wearing and all check ups. On top it included 10 times the Progent and 10 times the Menicare Plus solution.

I noted all the information and my questions were answered satisfying:

Place, Date

Name, Surname

Signature

How is the agenda for the adjustment?

1. Consultation, measurements of the eyes
Time spend around 60 minutes
2. Handing over the lenses and admission into usage, handling and cleaning. Takes place around one week after the first appointment when the ordered lenses arrive.
Time spend around 45-60 minutes
3. Check up after wearing the lenses for the first night. Please attend without lenses but take them with you.
Time spend around 30 minutes
4. Check up after wearing the lenses for one week. Please attend without lenses but take them with you.
Time spend around 30 minutes
5. Check up after three weeks in the morning
Time spend around 20 minutes
6. The same day in the evening for finishing the adjustment
Time spend around 20 minutes
> Is everything all right and all your questions are answered the adjustment is done.
7. After three month optional routine control
Time spend around 20 minutes
8. Regular check up after six month
Time spend around 30 minutes
9. Changing of the lenses into a new pair after one year
Time spend around 30 minutes to one hour if changes needs to be done

There are regular check ups all six month then.